

# BODY/M TIMETABLE

**MON**

**OPEN  
5AM - 8PM**

5:00am 5:45am 6:30am 9:30am 4:30pm 5:30pm 6:30pm

**TUES**

**OPEN  
5AM - 8PM**

5:00am 5:45am 6:30am 9:30am 4:30pm 5:30pm

**WED**

**OPEN  
5AM - 8PM**

5:00am 5:45am 9:30am 4:30pm 5:30pm 6:30pm

**THURS**

**OPEN  
5AM - 8PM**

5:00am 5:45am 6:30am 9:30am 4:30pm 5:30pm

**FRI**

**OPEN  
5AM - 6:30PM**

5:00am 5:45am 9:30am 4:30pm 5:30pm

**SAT**

**OPEN  
6AM - 2PM**

6:30am 7:30am

**OPEN ON SUNDAYS**  
8:30am - 2pm